

A cross-disciplinary, transnational and participative approach to Alpine food cultural heritage

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COORDINATOR

Lombardy Region - Ethnographic and Social History Archive

#### SAFEGUARDING THE FOOD HERITAGE RELEVANT TO ALPINE COMMUNITIES

What is Intangible Cultural Heritage? Intangible Cultural Heritage means the "oral traditions, performing arts, social practices, rituals, festive events, knowledge and practices concerning nature and the universe or the knowledge and skills to produce traditional crafts" (ich.unesco.org) that are passed on from a generation to the next within a community.

WHY

Identifying and describing food-related customs and practices is the first necessary step toward safeguarding and valorizing intangible cultural heritage. "Intangible Cultural Heritage does not only represent inherited traditions from the past but also contemporary rural and urban practices". This also represent the first moment in which the project involves the communities and helps them become aware of the wealth of knowledge and practices they own.

#### WHAT WE DO



### INVENTORY OF FOOD-RELATED PRACTICES AND

**CUSTOMS** 

We identify the most identity-laden foods, study related cultural heritage through fieldwork and add results to the food heritage section of www.intangiblesearch.eu online inventory.

#### INQUIRY ON TRADITIONAL AND CONTEMPORARY ALPINE VALUES

We assess how traditional values have evolved into present-day values and how these can be carried on into the future.

#### SAFEGUARDING ALPINE FOOD CULTURE

We explore the legal measures communities can take to protect their traditional know-how from unduly exploitation and the ways to make this protection more effective.

#### SEEKING UNESCO RECOGNITION FOR ALPINE FOOD HERITAGE

Through the joint effort of project partners, we launch a participatory process to achieve the inscription of Alpine Food Heritage on the Unesco List of Intangible Cultural Heritage.





#### WHO IS INVOLVED

#### RELATIONSHIPS

#### **ETHNOGRAPHERS**









Mapping and describing food ICH is the preliminary step defining what ICH elements pilot actions will focus on.

#### **PARTNERS**

Lombardy Region - Ethnographic and Social History Archive Regional Centre for Alpine Population Studies Research Centre of the Slovenian Academy of Sciences and Arts TSM -Trentino School of Management

Autonomous Region of Valle d'Aosta - Department for **Education and Culture** 

Bauges Massif Regional Natural Park Development agency for Upper Gorenjska Dislivelli Association Munich University of Applied Sciences University of Innsbruck School of Management































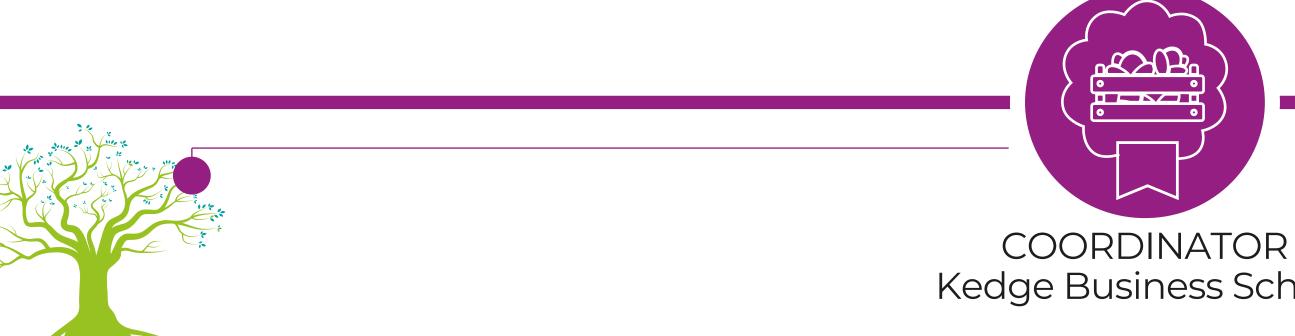
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Kedge Business School

NG FOR THE MOST EFFECTIVE W

## LOOKING FOR THE MOST EFFECTIVE WAYS TO VALORISE FOOD CULTURE

Cultural meanings resonant
with consumers' quests for
authenticity are typically
produced by smaller and more
traditional producers,
but are commercially exploited
by larger and more
industrialised ones.

#### MHY

#### Missed Opportunities

European Regional Development Fund

- \* Ideological preclusions
- \* Insufficient time, investments, skills
- \* Fragmented efforts and investments

#### **Commercial Valorisation**

- \* Balance between commercial and cultural considerations
- \* ICH is safeguarded and externally promoted. It generates local economic impacts

#### Over-commercialisation

- \* ICH meaning is diluted or distorted
- \* Cultural and/or economic misappropriation by third parties

**>** 

In order to take advantage of existing opportunities while safeguarding their food culture, community members must work together to devise effective commercial valorisation activities. To ease cooperation and ensure positive outcomes, it is paramount of understand what makes a collective project a success.

### WHAT WE DO





Research starts with a desk analysis of 114 cases from the Alpine area and beyond to identify best and worst practices in the commercial exploitation of food-related traditions.

# FIELD STUDIES TO UNDERSTAND WHAT DRIVES SUCCESS

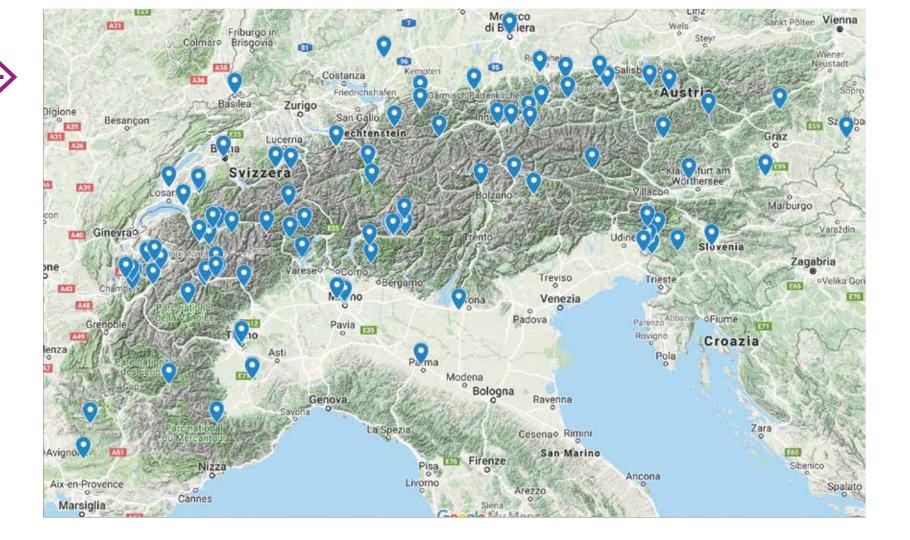
Field studies look into marketing organisations, products, experiences, distributors, restaurants, festivals, periodic markets and trade fairs to understand how traditional know-how can turn into high-value market offers that result in economic benefits for local communities.

#### DIGITAL ETHNOGRAPHY TO DELVE INTO THE MEANINGS CUSTOMERS ASSOCIATE WITH ALPINE FOOD

Through digital ethnography, we analyse the texts from online social networks to understand the meanings consumers attribute to Alpine food culture. This helps us identify the constituting elements of the 'Alpine Food culture' collective brand and assess its potential for differentiation.

#### GUIDANCE PAPER FOR ALPINE FOOD HERITAGE VALORISATION

Building on research findings, the AlpFoodway guidelines for successful commercial valorisation will provide communities, businesses, policy makers, and educational institutions with practical advice the sustainable valorisation of local food culture.



WHO IS INVOLVED

Tourism Management Organisations

Organisers of Cultural Events,

Markets, Fairs

farmers, food p

, BUSINESSES farmers, food producers, distributors, restaurants

CULTURAL INSTITUTIONS COM consumers

COMMUNITIES
researchers





The research in collective marketing provides the knowledge upon which marketing related

pilot actions and training activi-

RELATIONSHIPS

#### PARTNERS

Kedge Business School Regional Development Agency of Northern Primorska Ltd Nova Gorica Munich University of Applied Sciences University of Innsbruck School of Management













ties rest.



















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COORDINATOR Munich University of Applied Sciences

#### **DEVELOPING NEW FORMATS AND TOOLS TO TRANSMIT CUSTOMS AND TRADITIONAL KNOW HOW**

in 5 Alpine countries : Parc des Bauges; : Glentleiten, Natural park Nagelfluhkette, Pfaffenwinkel; · Valle d'Aosta, Valle Camonica, Trentino; a: Upper Sava Valley d: Valposchiavo, Valais.



The knowledge about relevant practices and valorisation do's and don'ts highlighted by research must be put into practice in order to actually keep food heritage alive, empower communities, increase their pride in local food culture and let them learn how to manage it more effectively.

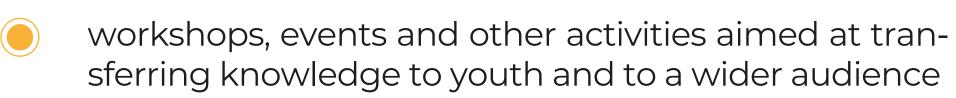
### WHAT WE DO

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#### WORKING WITH LOCAL COMMUNITIES TO DEVISE AND TEST INNOVATIVE WAYS TO ...

Keep traditional food production practices alive



Build meaningful and authentic experiences for locals and tourists recipe swaps, food-based itineraries, courses and hands-on events

Improve the visibility and appeal of traditional Alpine products

publications, on line apps and innovative training formats in communication



#### ANALYSING RESULTS AND SHARING LESSONS LEARNED

Together with experts in the tourism, education and marketing fields we will discuss all cases and write a white paper useful to local and regional policy-makers.

## WHO IS INVOLVED

local governments **CULTURAL INSTITUTIONS** 

BUSINESSES





**TRANSMISSION** 

**EXPERIENCE** Autonomous Region of Valle d'Aosta - Department for **Education and Culture** Bauges Massif Regional Natural Park

Kedge Business School Development Agency for Upper Gorenjska





**COMMERCIAL** 

**VALORISATION** 

AlpFoodway pilot actions build on the knowledge developed through ethnographic and marketing research. In turn, they provide evidence researchers and communities can learn from.

#### **PARTNERS**

Munich University of Applied Sciences Polo Poschiavo

Mountain Community of Camonica Valley Regional Centre for Alpine Population Studies TSM -Trentino School of Management



























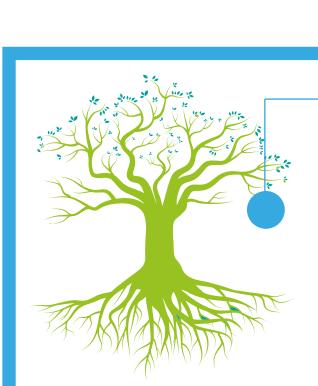


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European Regional Development Fund



COORDINATOR

Research Centre of the Slovenian Academy of Sciences and Arts

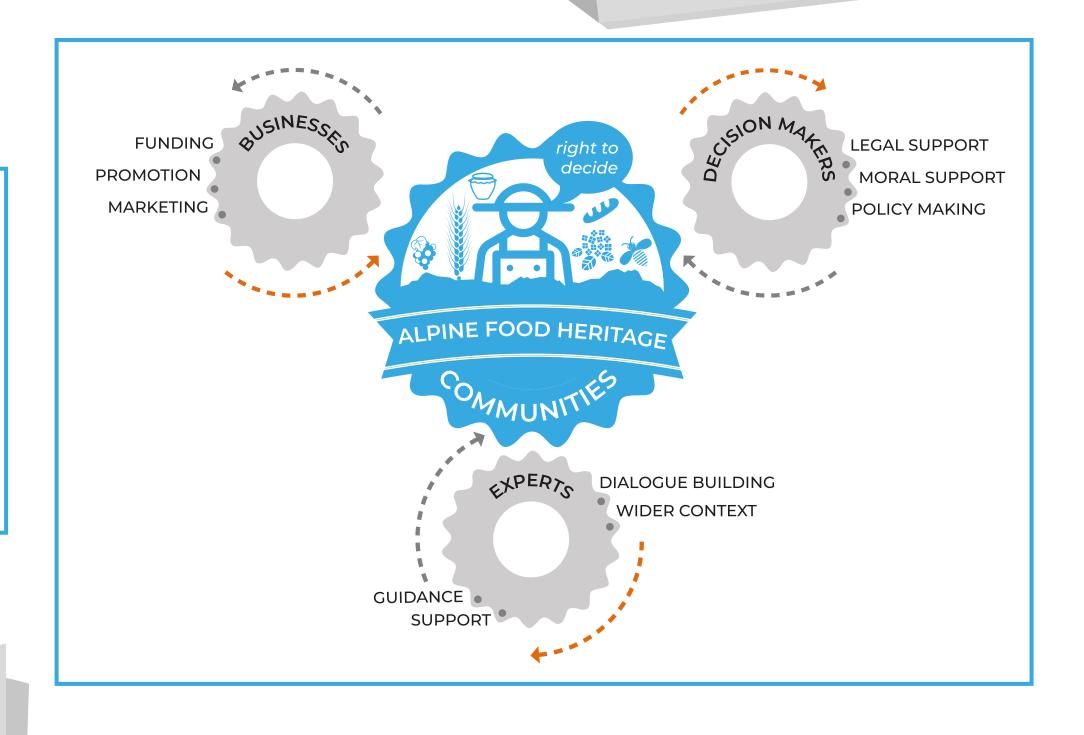
#### **EMPOWERING COMMUNITIES AND FOSTERING** TRANSNATIONAL EXCHANGES

Heritage is safeguarded if it finds a way to people. Food is what we share and what connects us.

> Andreja, community member, Tržič (SL)



Communities are the bearers and the owners of intangible cultural heritage. They have the right to decide whether and how to safeguard and use it. Networking activities help build the capacities of local communities and connect them with one another to boost their pride, foster exchanges and enhance food heritage protection.



#### WHAT WE DO



#### MULTILEVEL NETWORKING FRAMEWORK

We provide guidelines and practical help in order to get citizens, businesses, academia and policy-makers at different administrative levels to work together, manage food related practices and use them appropriately while avoiding overcommercialisation.





#### Capacity building ateliers

Workshops are set up in France, Italy and Slovenia to share insights from AlpFoodway research.



#### Online platform for alpine-wide participation

www.alpfoodway.eu is a virtual meeting point for Alpine communities and the place where to sign the petition for inscribing Alpine food heritage on the UNESCO ICH list.

#### MEETING OCCASIONS

We provide occasions for communities to meet and exchange ideas, knowledge and experiences, raising awareness about commonalities and helping a shared Alpine identity emerge. One such occasion will be the International AlpFoodway Forum that is coming up in 2019.

#### VISION PAPER AND CHARTER OF **ALPINE VALUES**

The Charter of the Alpine Food Heritage mobilizes people in the Alps and beyond to get Alpine food culture inscribed on the UNESCO ICH List.

The Vision Paper provides policy recommendations to sustainably develop peripheral Alpine areas.

RELATIONSHIPS

Community mobilisation is

the core element of the AlpFo-

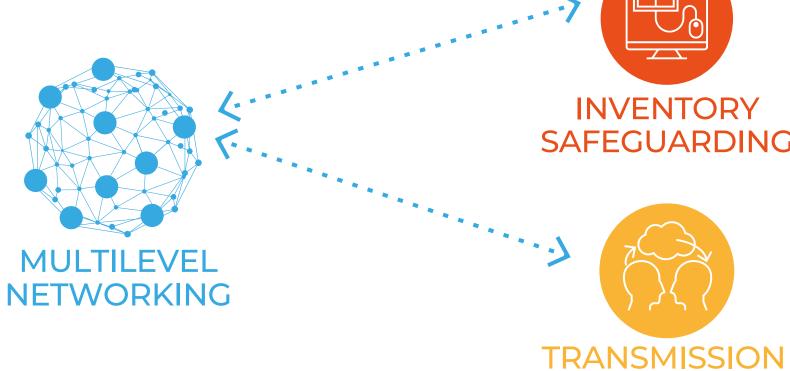
odway working approach.

Community members take

active part in the identification

### WHO IS INVOLVED







## **EXPERIENCE**

#### and description of food-related cultural expressions and often kick-start transmission and valorisation activities.

#### **PARTNERS**

Research Centre of the Slovenian Academy of Sciences and Arts Polo Poschiavo Lombardy Region

Mountain Community of Camonica Valley

Regional Development Agency of Northern Primorska L.t.d. Nova Gorica TSM -Trentino School of Management

Autonomous Region of Valle d'Aosta - Department for **Education and Culture** 

Bauges Massif Regional Natural Park Kedge Business School Development Agency for Upper Gorenjska Dislivelli Association



























