

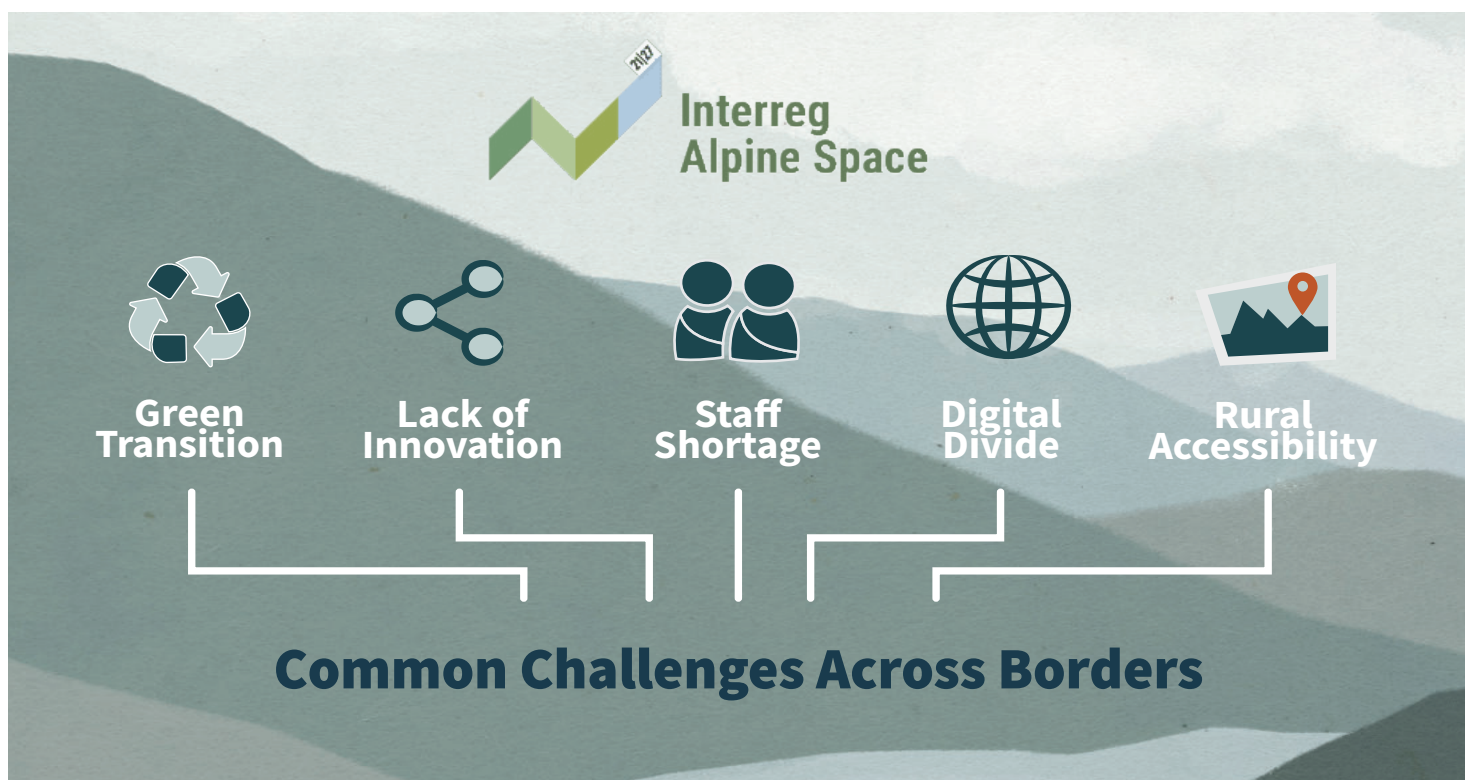
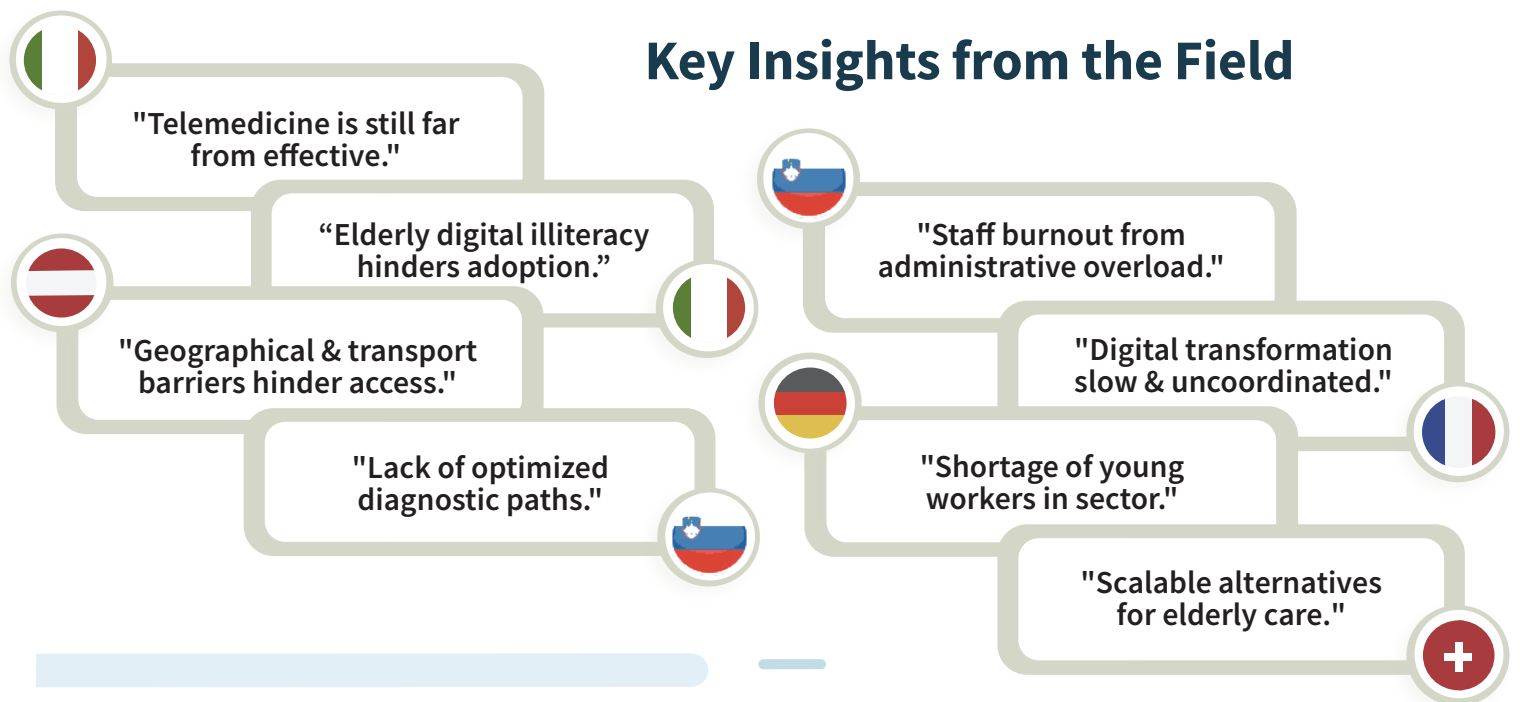
Regional Voices in Health & Care: Emerging Critical Issues

HACK-IT-NET

Drawing on 101 interviews conducted by HACK-IT-NET across the Alpine regions, these are the key challenges reported by Health & Care Providers, Administrators, Policymakers, and Citizen/Patient Associations

in Italy, Austria, Slovenia, France, Germany, Switzerland.

Key Insights from the Field



Most Pressing Issues



46%

Workforce shortages



43%

Aging population



41%

Waiting lists & inefficiencies



29%

Digital & green transition



26%

Territorial fragmentation

Interreg



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Alpine Space

HACK-IT-NET

Alpine healthcare systems

face growing pressure from staff shortages, an aging workforce, and burnout. Few young professionals enter the field, while many staff near retirement.

Digital tools

are underused due to big infrastructure gaps, lack of training, and low digital literacy, especially in rural areas.

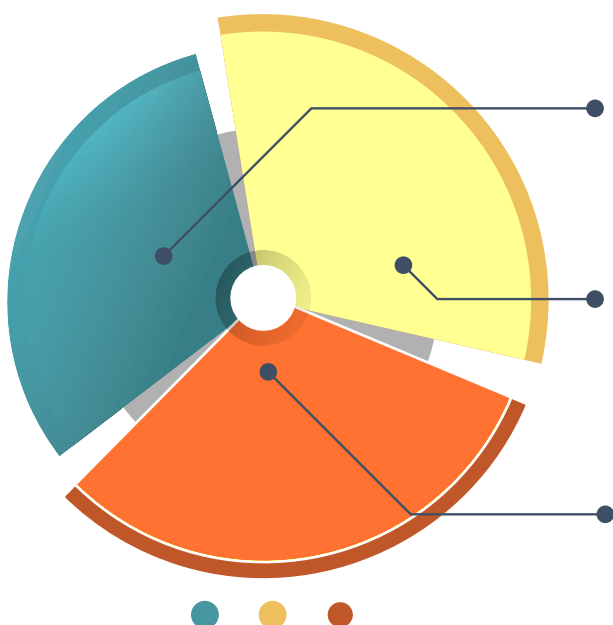
The green transition

is largely missing from healthcare strategies despite its importance.

It's time

to make Alpine health systems stronger, smarter, and greener for today and tomorrow.

A System Under Strain: Health Workforce & Caregivers



27%

**Emotional burden
and low motivation**

41%

**of providers are
in retirement age**

32%

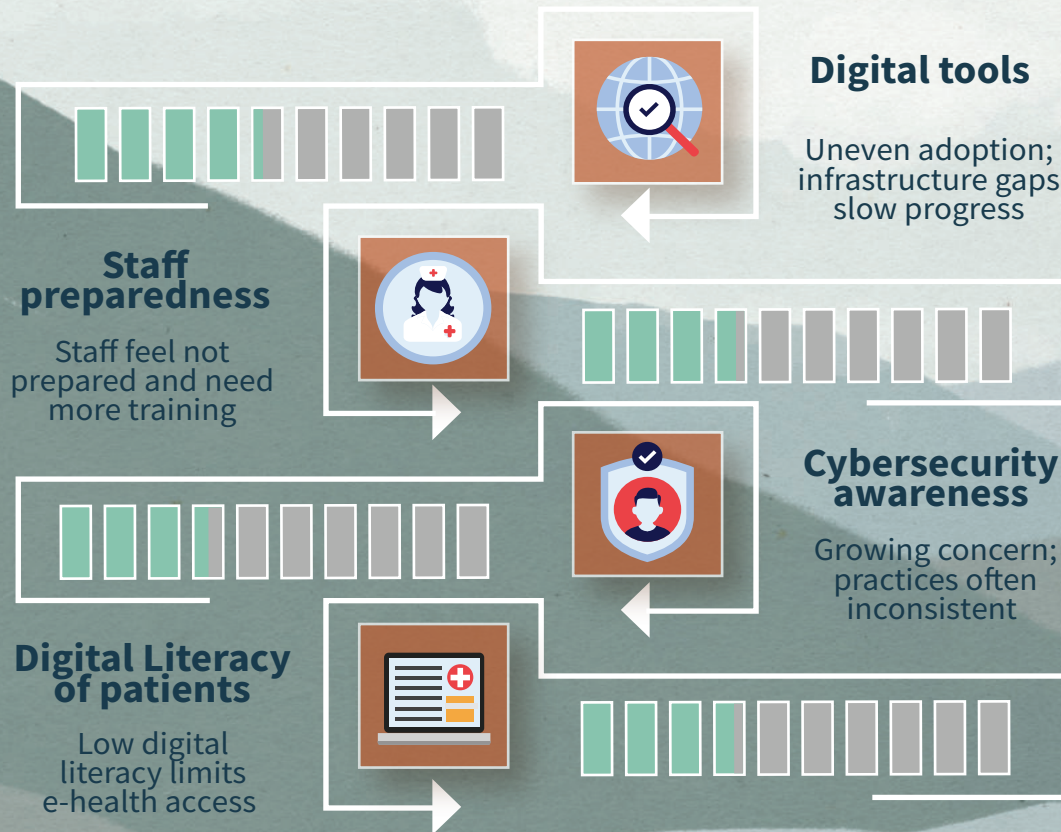
**Few replacement
or upskilling**



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DIGITAL TOOLS:

Expectations vs. Readiness



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What Keeps Health Providers Awake at Night?

Hospitals need to become more sustainable."

We lack interregional cooperation in digital tools."

AI is a big challenge for both, staff and patients."

Many elderly patients struggle to use digital platforms."

We are facing different transitions today, particularly the ecological transition."

Insights Into Action: Key Demands for Change

- Personalized and participatory care
- Smarter, integrated systems
- Better education and preventive strategies
- Supportive digital tools
- Greener Healthcare Facilities

Conclusions & Recommendations

Key Cross-Cutting Findings



Workforce shortages

Staff shortages are worsened by the aging of the healthcare workers, with limited generational turnover and burnout levels



Digital health tools

Digital tools are available but adoption is uneven due to lack of training, cultural resistance, and weak policy coordination.



Rural area access

Rural areas still face major barriers to specialist and mental health services due to distance and limited local resources.



Sustainability & Green transition

The green transition is seen as important but remains marginal in health planning and budget allocation.



Citizens' engagement & Awareness

Citizen involvement is uneven and not systematically integrated into healthcare innovation processes.



Waiting Lists & Inefficiencies

Delays and administrative bottlenecks slow down access to care, leaving patients waiting too long for treatments and diagnostics.